**Inputs**
- Expert support
- Local commitment and resources
- Funding

**Activities**
- Health teams
- Needs assessment (KEY)
- 4 Workshops
- 4 Staff training sessions
- Meetings with parents
- Feedback
- Coaching
- Action plans

**Materials**
- Toolbox
- Newsletters
- Brochure

**Impact school level**
- Staff knowledge and skills
- Food supply
- Opportunities for physical activity
- School health practice development
- Parental involvement

**Outcome student level**
- Knowledge and skills
- Physical activity
- Eating habits
- Weight status
- BMIs/SDs
- Self-esteem