Children’s centres assessed for eligibility  
n = 24

Eligible children’s centres consented to participate  
n = 15

Children’s centres randomly selected  
n = 8

Randomisation  
4 centres per condition

Families at baseline  
n = 77  
Children at baseline  
n = 79

Families assessed for eligibility  
n = 182
Families consented  
n = 77  
(26.6% dads; 51.9 % boys)

Excluded  
n = 0

Time 0  
COMPARISON  
n = 43 families  
n = 45 children  
(24 boys, 21 girls)

Time 0  
INTERVENTION  
n = 34 families  
n = 34 children  
(17 boys, 17 girls)

Time 1  
COMPARISON  
n = 41 families  
n = 43 children  
(23 boys, 20 girls)

Time 1  
INTERVENTION  
n = 33 families  
n = 33 children  
(17 boys, 16 girls)