Enrollment

Assessed for eligibility (25 municipalities)

Excluded due to low birth rate (10 municipalities)

Randomized (14 municipalities)

Allocated to the intervention group: (7 municipalities)
1265 women screened for eligibility:
27 declined to participate
9 eligibility status unknown
840 not eligible
389 preliminarily eligible:
- 46 completed baseline survey only
- 343 agreed to participate (88.2% of 389):
  ♦ 16 had a miscarriage before baseline measurements,
  ♦ 81 had abnormal OGTT at baseline

Allocated to the control group: (7 municipalities)
1006 women screened for eligibility
69 declined to participate
10 eligibility status unknown
590 not eligible
337 preliminarily eligible:
- 40 completed baseline survey only
- 297 agreed to participate (88.1% of 337):
  ♦ 8 had a miscarriage before baseline measurements,
  ♦ 93 had abnormal OGTT at baseline

Received allocated intervention:
7 municipalities with median number of participants 30, range 21-100
246 participants (63% of 389)

Received allocated intervention
7 municipalities with median number of participants 30, range 16-78
196 participants (58% of 337)

Lost to follow-up

Municipalities: 0

Participants: 21 did not respond to final survey, 6 had miscarriage (drop-out rate 11.0% of 246)

Lost to follow-up

Municipalities: 0

Participants: 8 did not respond to final survey, 8 had miscarriage (drop-out rate 8.2% of 196)

Analyses

Municipalities: Analysed: 7 Excluded from analysis: 0
Participants: 219 (89.0% of 246)

Municipalities: Analysed: 7 Excluded from analysis: 0
Participants: 180 (91.8% of 196)