4 intervention schools invited to participate

Consented and present for **baseline** measures
N = 310 (4/4 schools)

Mid-intervention data collection
(~6 months from baseline)
N = 247/310 (80%) 4/4 schools

End-intervention data collection
(~10 months from baseline)
N = 264/310 (85%) 4/4 schools

**Post-intervention follow-up**
(~20 months post-intervention or ~30 months from baseline)
N = 206/310 (66%) 4/4 original primary schools + 4/5‡ senior schools

4 control schools matched by size, ethnicity & SES

Consented and present for **baseline** measures
N = 279 (4/4 schools)

Mid-intervention data collection
(~4 months from baseline)*
N = 244/279 (88%) 4/4 schools

End-intervention data collection
(~10 months from baseline)
N = 243/279 (87%) 4/4 schools

**Post-intervention follow-up**
(~18 months post-intervention or ~28 months from baseline)
N = 215/279 (77%) 4/4 original primary schools + 4/4‡ senior schools**

* difference in time to follow-up 1 between control and intervention schools was the result of the scheduling of the Christmas school holidays which meant the first data collection could not occur. These time differences are accounted for with the analysis procedures undertaken.

‡ pupils in year 5 at baseline had moved on to senior schools at post-intervention follow-up

§ one senior school would not allow access (n=30)