177 schools

37 participating schools (21%)  
$n = 2165$ 6th graders

CLUSTER RANDOMISATION

INTERVENTION GROUP

12 schools: $n = 784$  
Consent: $n = 566$ (72%)  
Parental education: $n = 543$

PRE-TEST:  
$n = 553$ (71%)  
Questionnaire: 553  
Body measures: 527

8 MONTH MID-WAY ASSESSMENT:  
$n = 542$  
Questionnaire: 542

Parental process evaluation: $n = 366$

CONTROL GROUP

25 schools: $n = 1381$  
Consent: $n = 1014$ (73%)  
Parental education: $n = 984$

PRE-TEST:  
$n = 975$ (71%)  
Questionnaire: 975  
Body measures: 958

8 MONTH MID-WAY ASSESSMENT:  
$n = 970$  
Questionnaire: 970