Figure 1. Flowchart of study selection process

8278 manuscripts identified
PubMed/Medline 7377
PsycINFO/OVID 899

1413 abstracts

164 full text

6865 titles excluded based on
- Intramural setting
- Population age < 55

1249 abstracts excluded based on
- Outcome other than PA/EX
- Patient population

132 full texts excluded based on
- Cross-sectional design
- Minority population

34 manuscripts

2 manuscripts were added through reviewing reference lists of relevant reviews

30 data sets / unique studies

Clusters of multiple manuscripts reporting on the same original data set:
Cluster 1: Garcia and King (1991); King et al. (1997); Oka et al. (1995); Oman and King (1998)
Cluster 2: McAuley et al. (2003; 2007)