Citations from electronic database search:
MEDLINE 4054
EMBASE 1360
Cochrane 253
CINAHL/SportDiscus/PsycInfo 620

Total Citations Downloaded to RefWorks:
Total in RefWorks 6287

Total with Duplicates Excluded (N=8186)

Full Articles Assessed for Eligibility after Scanning Titles (N=80)
Citations Excluded after Scanning Titles (N=8106)

Articles added through referencing (N=5)

Articles Excluded after Full Review (N=72)
Reasons: non experimental (N=4); not 3 levels of physical activity (N=19);
Reviews, summaries, meta-analyses (N=8); not on hypertension (N=2); only on change in blood pressure (N=27);
clinical population (N=7); other (N=6)

Articles Included Total N=12