Citations from electronic database search:
MEDLINE 5973
EMBASE 2561
Cochrane 193
CINAHL/SportDiscus/PsycInfo 681

Total Citations Downloaded to RefWorks:
Total in RefWorks 9408

Total with Duplicates Excluded (N = 8485)

Full Articles Assessed for Eligibility after Scanning Titles (N=347)
Citations Excluded after Scanning Titles (N = 8138)

Articles added through referencing (N = 1)

Articles Excluded after Full Review (N = 319)
Reasons: non experimental (N= 45); only effect on CVD risk factors (N=115); did not include 3 levels of physical activity (N=12); subjects less than 18 yrs old (N=4); Reviews, summaries, dissertations, thesis, and abstracts (N=30); clinical population (N=14); not on CVD or did not fit definition of CVD (N=78); other (N=19)

Articles Included (N=28) plus (N=21) articles added at authors discretion
Total N = 49