Assessed for eligibility (n=128 worksites)
- Refused to participate (n=116)
  - Lack of time and resources in times of economic stagnation and unwillingness to be subjected to the demands of research

Enrollment
- Matched (12 worksites)

Allocation
- Allocated to intervention group (n=6 worksites)
  - Participants (n=365)
    - Loss-to-follow-up (n=71)
      - Change of occupation, workload, mental problems
    - Participants (n=294)
    - Follow-up (12 months)
      - Loss-to-follow-up (n=39)
        - Change of occupation, workload, mental problems
    - Participants (n=255)
- Allocated to control group (n=6 worksites)
  - Participants (n=188)
    - Loss-to-follow-up (n=24)
      - Change of occupation, workload, mental problems
    - Participants (n=164)
    - Follow-up (24 months)
      - Loss-to-follow-up (n=19)
        - Change of occupation, workload, mental problems
    - Participants (n=145)