Total attempted phone calls (n=35,452)

Eligible adults with T2D (n=1,796)

Refusals (n=494)
Declined recruitment (n=171)
Considering—but did not return follow-up call (n=319)
Other reasons (n=4)

Agreed to be sent a study package (n=558)

Excluded (n=744)
Away for duration of study (n=43)
Language/communication barrier (n=701)

Eligible adults with T2D (n=1,052)

Refusals (n=494)
Declined recruitment (n=171)
Considering—but did not return follow-up call (n=319)
Other reasons (n=4)

Time 1 (n=287)
Completed baseline instrument

Excluded (n=271)
Did not return instrument (n=271)

Time 2 (n=244)
Completed 3-month assessment

Excluded (n=43)
Did not return Time 2 instrument (n=43)

Analized (n=244)