Walking to school

Built environment:
• Heavy traffic
• Lack of safe street crossings, crossing guards
• Lack of walking paths

Natural environment
• Rainy, dark, hilly

Institutional:
• School, work start times differ
• Neighborhood school closures
• Bus policies discourage walking

Community:
• Stranger danger (abductions)
• Not trusting neighbors
• Bullies/gangs

Individual/Family:
• Positive beliefs re: walking
• Fear of children walking alone

School Breakfast

Built & Natural Environment

Institutions (work, school)

Individual/Family:
• Positive beliefs re: breakfast
• Families do not eat together

Community:
• Religious, community norms for breakfast and food choices

Institutional:
• School meals lack variety & cultural options
• Buses arrive late
• Children need supervision & reminders to eat