Ethnicity

Fruit and vegetable intake

a

• Mothers' educational level

• Personal:
  Attitude, self-efficacy, liking fruit / vegetable in general, preferences for specific fruit/vegetable, perceived barriers, knowledge of recommendations

• Social environmental:
  Modeling behaviors, active encouragement, family demand rule, family allowance rule, facilitating by parents

• Physical environment:
  Availability of fruit/vegetable at different settings (home, school, friend's place, club)

b

c