183 citations found

41 articles retrieved

Screen abstract
13 articles go to next level

Screen full text
11 articles included

Hand search of reference lists
11 articles identified

Screen full text of hand searched studies
6 articles included

17 articles reporting on 16 interventions included in systematic review

28 articles excluded
- Different target group: 11
- No PA, exercise or walking intervention: 4
- Intervention not started: 4
- No non-face-to-face intervention: 2
- Duplicate studies: 7

2 articles excluded
- Usability study
- No PA, exercise or walking assessed

5 articles excluded
- Description of intervention: 1
- Double reporting of results: 4