Total Population in area under 24 PHC (N = 473946)

Five out of 24 PHC chosen by systematic random sampling (N=128137)

10 sub-centres (two from each of the 5 selected PHCs) chosen by systematic random sampling (N = 45540)

12 households chosen by simple random sampling from the population records of each of the 10 selected sub-center. (N=575)

All eligible members in the selected households were included for the study till a sample of 45 from each sub-center was reached. If needed additional households were recruited by simple random sampling. (N=450 from 125 households)

PHC: Primary Health Centre