177 schools

37 participating schools (21%) n= 2165 6th graders

Cluster randomisation

INTERVENTION
12 schools: n=784 consent: n=566 (72%)

PRE-TEST:
n, questionnaire=553 (71%)
body measure=527 (67%)
accelerometer=519 (66%)

20 MONTH POST-TEST:
n, questionnaire=519 (66 %)
body measure=491 (63%)
accelerometer=505 (64%)

CONTROL
25 schools: n=1381 consent: n=1014 (73%)

PRE-TEST:
n, questionnaire=975 (71 %)
body measure=958 (69%)
accelerometer=920 (66%)

20 MONTH POST-TEST:
n, questionnaire=945 (68%)
body measure=870 (63%)
accelerometer=891 (65%)