Articles identified through electronic database search = 21354

Duplicates removed = 5448

Non journal articles removed = 127

Full review = 71

Irrelevant titles removed = 14103

Full texts removed = 58

Titles screened = 15779

Irrelevant abstracts removed = 1605

Abstracts screened = 1676

Articles identified through gray literature search = 0

Articles identified through reference scan = 0

Articles included = 13

Physical activity/sedentary proxy reported = 9

Outside of age range = 5

General perceived support = 23

No friendship nominations/ratings = 21