**TV Watching**

- **BMI**
  - 1-2 hours/day: 0.7
  - >2 hours/day: 1.1

- **BMIz**
  - 1-2 hours/day: 2.5
  - >2 hours/day: 2.0

- **%BF**
  - 1-2 hours/day: 1.7
  - >2 hours/day: 1.1

- **TFM**
  - 1-2 hours/day: 3.1
  - >2 hours/day: 3.3

**Soft Drink Consumption**

- **BMI**
  - >0-2 cans/day: 0.8
  - >2 cans/day: 3.5

- **BMIz**
  - >0-2 cans/day: 2.0
  - >2 cans/day: 1.5

- **%BF**
  - >0-2 cans/day: 1.7
  - >2 cans/day: 2.8

- **TFM**
  - >0-2 cans/day: 3.3
  - >2 cans/day: 11.7

**Breakfast Consumption**

- **BMI**
  - 3 or 4 days: 2.0
  - 0, 1 or 2 days: 5.1

- **BMIz**
  - 3 or 4 days: 3.0
  - 0, 1 or 2 days: 4.9

- **%BF**
  - 3 or 4 days: 4.9
  - 0, 1 or 2 days: 3.9

- **TFM**
  - 3 or 4 days: 6.8
  - 0, 1 or 2 days: 6.8

**After-school Physical Activity**

- **BMI**
  - 2-3 days: 2.0
  - 0-1 days: 1.1

- **BMIz**
  - 2-3 days: 3.0
  - 0-1 days: 4.9

- **%BF**
  - 2-3 days: 3.9
  - 0-1 days: 2.2

- **TFM**
  - 2-3 days: 3.9
  - 0-1 days: 5.3

- **BMIz**
  - 2-3 days: 2.2
  - 0-1 days: 4.9

- **TFM**
  - 2-3 days: 3.8
  - 0-1 days: 5.3