Potentially relevant papers (n = 791)
PubMed (247), Embase (246), NHS EED (104) and Cochrane (194)

Sift 1: 719 papers did not meet inclusion criteria or were duplicates

Papers retrieved for more detailed evaluation (n = 72)

Sift 2: 49 papers did not meet inclusion criteria

Potentially appropriate papers to be included in the review (n = 23)

Sift 3: 3 papers did not meet quality criteria

Papers included in the review (n = 20)