References identified through database searching
(n = 1195)

References after duplicates removed
(n = 783)

References added after update search
(n = 141)

References screened
(n = 924)
κ = 0.84 ± 0.03

References excluded
(n = 774)

Full-text articles assessed for eligibility
(n = 174)
κ = 0.68 ± 0.06

Full-text articles excluded
(n = 129)

Included studies
(n = 45)

Studies excluded
(n = 10)

Studies included in qualitative synthesis
(n = 35)

Studies included in quantitative synthesis
(meta-analysis)
(n = 10)