Ethical Committee
0135/04

Pubertal Evaluation ➔ BMI ≥ 30 Kg/m² ➔ ECG ➔ Blood Collect

BMI ≥ 30 Kg/m² ➔ 13 a 19 years ➔ Media

Clinical Evaluation ➔ ECG ➔ Blood Collect

Blood Collect ➔ Body Composition

Body Composition ➔ Psychological Intervention
Once a week

Body Composition ➔ Nutritional Intervention
Once a week

Body Composition ➔ Exercise
3x week - 1 hour

Body Composition ➔ Clinical Evaluation
Once a month