Figure 1. Flowchart of factors affecting management costs of menopause-related vasomotor symptoms.

Menopause-Related Vasomotor Symptoms
- Sleep disturbances
- Mood swings
- Cognitive deficits
- Reduced quality of life
  - Work-related disability
  - Social isolation
  - Embarrassment

Increased Economic Burden

Physician visits
- Prescription and OTC medication
- Laboratory fees
- Follow-up visits/phone calls for medication side effects
- Visits to medical specialists and alternative medicine practitioners

Loss of productivity at home and work
- Increased energy usage for air conditioning and laundry
- Hygiene-related personal costs