Qualitative part

- 15 people with CD*
- 15 healthy people
- 15 people with RA*
- 15 people with SLE
- 15 people with SSc
- 15 people with T1D

Identification of components of occupational balance

 Items development

Feedback of 20 patients and healthy people

Re-formulation and exclusion of items

  E.g. activities to care for oneself and for others

Quantitative part

- 76 healthy people
- 132 people with RA
- 43 people with SLE

Examination of construct validity and internal consistency

Item split, rewording and for- and backward translation

Final version of the OB-Quest
10 items based on 7 components

Abbreviations: CD = Crohn’s disease, RA = rheumatoid arthritis, SLE = systemic lupus erythematosus, SSc = systemic sclerosis, T1D = diabetes mellitus type one, * = secondary analyses of qualitative data, OB-Quest = Occupational Balance-Questionnaire