Controlled Ovarian Stimulation Impact Measure (COSI)

Psychological Impact
- Feel stressed
- Feel emotionally exhausted
- Feel emotional ups and downs
- Feel anxious
- Feel depressed
- Feel good about self
- Feel not able to manage life
- Feel strain or tension in relationship
- Feel physically exhausted
- Bothered: side effects from the med.

Interference in Daily Life
- Problem: manage or schedule time
- Problem: keep up family/soc. life
- Problem: travel or short trips
- Problem: schedule monitoring visits
- Convenient take meds at corr. time
- Difficult: continue your work schedule
- Difficult: be as productive as usual
- Difficult: be working
- Difficult: concentrate on work
- Bothered: injections
- Bothered: injections required
- Bothered: having to inject myself
- Bothered: problems injection site
- Worry: taking the correct dose
- Worry: injecting properly
- Worry: medication at the right time
- Worry: missing a dose
- Problem: learn how to take properly

Injection Burden
- Conventional take meds at corr. time
- Difficult: continue your work schedule
- Difficult: be as productive as usual
- Difficult: be working
- Difficult: concentrate on work
- Worry: taking the correct dose
- Worry: injecting properly
- Worry: medication at the right time
- Worry: missing a dose
- Problem: learn how to take properly

Home
- Feel stressed
- Feel emotionally exhausted
- Feel emotional ups and downs
- Feel anxious
- Feel depressed
- Feel good about self
- Feel not able to manage life
- Feel strain or tension in relationship
- Feel physically exhausted
- Bothered: side effects from the med.

Work
- Feel stressed
- Feel emotionally exhausted
- Feel emotional ups and downs
- Feel anxious
- Feel depressed
- Feel good about self
- Feel not able to manage life
- Feel strain or tension in relationship
- Feel physically exhausted
- Bothered: side effects from the med.