Figure 1 Global Theme: service users’ and informal carers’ positive views of LTOT

- Being able to leave the house
- Increase in social activities

Social benefits of LTOT

Service users’ & informal carers’ positive views of LTOT

- Improved perceived QOL (carers)
- Being more physically active
- Staying well enough to avoid
- Direct effects on pulse rate and breathing
- Improved sleep
- Increased confidence
- Increased independence

Impact on self-management