Original trial, n=250

Current study, n=45

Glucosamine

- Modic changes (MC), n=42 (141 MC)
  - n=18 (64 MC)

Placebo

- n=24 (77 MC)
- High intensity zone, n=21 (23 discs)
  - n=8 (8 discs)
- n=13 (15 discs)