A. Energy intake (kcal) vs. Sleep duration (hours): $r = -0.28$ (p=0.11)

B. Protein vs. Sleep duration (hours): $r = -0.43$ (p=0.02)

C. Monounsaturated fat intake (%) vs. Sleep duration (hours): $r = -0.40$ (p=0.03)

D. Cholesterol dietary (%) vs. Sleep duration (hours): $r = -0.50$ (p=0.01)