A. Plasma cholesterol concentration (mg/dl)

- Normal
- Unfermented
- Fermented

B. Plasma triglyceride concentration (mg/dl)

- Normal
- Unfermented
- Fermented

C. Plasma phospholipid concentration (mg/dl)

- Normal
- Unfermented
- Fermented

Baseline, Week 1, Week 2, Week 3, Week 4