Screening

Inclusion of 25 subjects

Experiment I

8:00 pH in urine and blood
9:00 pH in blood
10:00 pH in blood
11:00 pH in urine and blood

without supplement

Study Visit I

8:00 pH in urine and blood
9:00 pH in blood
10:00 pH in blood
11:00 pH in urine and blood

without supplement

1. Measurement of pH in urine and saliva for 1 week
8:00 am and 8:00 pm
2. Daily nutritional protocol

Study Visit II

8:00 pH in urine and blood
9:00 pH in blood
10:00 pH in blood
11:00 pH in urine and blood

with supplement taken 8:00 a.m.

1. Measurement of pH in urine and saliva for 1 week
8:00 am and 8:00 pm
2. Daily nutritional protocol

Study Visit III

8:00 pH in urine and blood
9:00 pH in blood
10:00 pH in blood
11:00 pH in urine and blood

with supplement taken 8:00 am

Study Visit II

Study Visit III

Study Visit I