Records identified through database searching (N=302)
- Duplicates removed (N=117)
  - Records screened (N=185)
    - Records excluded (N=131)
      - Study type (N=100)
        - Brief items/letters/comment (N=7)
        - Intervention (not ginger) (N=5)
        - Participants (not pregnant) (N=16)
        - Animal research (N=3)
    - Full-text articles assessed eligibility (N=54)
      - Full-text articles excluded, with reasons (N=42)
        - Study type (N=30)
        - Brief items/letters/comment (N=9)
        - Intervention (not ginger) (N=1)
        - Foreign language (N=2)
      - Included studies (N=12)