Subjects enrolled (n = 74)

Randomly assigned (n = 56)

Placebo (n = 26)
- Discontinued (n = 4)
- Lost to follow-up: 4
- completed (n = 22)

Green tea (n = 30)
- Discontinued (n = 6)
- Lost to follow-up: 2
- Sleep disorder: 4
- completed (n = 24)

Discontinued
Sleep problem: 5
Abnormal ECG: 3
The scores of MADRS and HRSD-17 were higher: 6
Changed mind: 4 (n = 18)