A

Adiponectin (μg/mL)

Time, $P < 0.05$
Meal, $P < 0.01$
MealxTime, $P = 0.59$

B

IL-6 (pg/mL)

Time, $P < 0.0001$
Meal, $P > 0.5$
TimexMeal, $P = 0.94$