Glucose AUC (mg/dL/120 min)

Insulin (μU/ml/120 min)

**Figure a**
- Glucose AUC: Red line decreases, green line remains relatively stable, blue line increases. Significant differences are observed at 8 weeks (p=0.046).

**Figure b**
- Insulin: Red line decreases, green line remains relatively stable, blue line increases. Significant differences are observed at 8 weeks (p=0.055 and p=0.006).