Assessed for eligibility (n=288)

- Excluded (n=215)
  - Did not meet inclusion criteria (n=215)
  - Declined to participate (n=4)
  - Became ineligible after screening (n=8)

Randomized (n=61)

CONTROL

- Allocated to intervention (n=21)
  - Received allocated intervention (n=21)
  - Did not receive allocated intervention (n=0)

- Lost to follow-up (n=1)
- Discontinued intervention (n=0)

- Analyzed (n=20)
  - Excluded from analysis (n=0)

ADVICE

- Allocated to intervention (n=20)
  - Received allocated intervention (n=20)
  - Did not receive allocated intervention (n=0)

- Lost to follow-up (n=0)
- Discontinued intervention (n=2) (1 deceased)

- Analyzed (n=18)
  - Excluded from analysis (n=0)

ADVICE + GIFT CARD

- Allocated to intervention (n=20)
  - Received allocated intervention (n=20)
  - Did not receive allocated intervention (n=0)

- Lost to follow-up (n=3)
- Discontinued intervention (n=0)

- Analyzed (n=17)
  - Excluded from analysis (n=0)