Assessed for eligibility (n=68)

Excluded (n=14)
Not meeting inclusion/exclusion criteria (n=7)
Would not consume red dye or sucralose in beverage (n=2)
Unable to be present for blood draws (n=5)

Enrollment (n=54)

Randomized into treatment groups #638 or #246

Allocated to #638 (n=27)
Received allocated intervention (n=27)
Discontinued intervention (n=5)
All unable to return for final blood draw

Allocated to #246 (n=27)
Received allocated intervention (n=27)
Discontinued intervention (n=4)
1 unable to return for final blood draw
2 did not like sucralose taste of juice
1 never responded

Analyzed group #638 (n=22)
Excluded from analysis (n=0)

Analyzed group #246 (n=23)
Excluded from analysis (n=0)

Allocation

Analysis