Assessed for eligibility (n = 65)

- Excluded (n = 32)
  - Not meeting inclusion criteria (n = 21)
  - Declined to participate (n = 7)
  - Loss of contact (n = 4)

Randomized (n = 33)

Allocated to randomization group AB (n = 16)
- Received LPI (n = 16)
- Received MPI (n = 16)

Allocated to randomization group BA (n = 17)
- Received MPI (n = 17)
- Received LPI (n = 17)

Analyzed (n = 16)
- Excluded from analysis (n = 0)

Analyzed (n = 17)
- Excluded from analysis (n = 0)