Assessed for eligibility (n = 22)

Excluded (n = 2)
- Did not meet eligibility criteria (1)
- Lost to follow-up (1)

Randomized (n = 20)

Probiotic arm
5 patients randomized and treated

Adverse events:
2 patients had diarrhea

Synbiotic arm
5 patients randomized and treated

Adverse events:
3 patients had flatulence
1 patient had diarrhea

Prebiotic arm
5 patients randomized and treated

Adverse events:
3 patients had flatulence
1 patient had meteorism

Placebo arm
5 patients randomized and treated

Adverse events:
2 patients had diarrhea