Recruited patients n=72

Screening n=152

L-Carnitine n=38
Drop out n = 17
Drop out n=6
complete n=21
complete n=15

Randomization

Visit 1
Week 6
n=41

Placebo n=34
Drop out n=14
Drop out n=6
complete n=20
complete n=14

Visit 2
Week 12
n = 29

L-Carnitine n=14

Evaluable n=26

Reason for discontinued intervention:
death n=11; degraded general condition n=9; nausea n=8; excessive demand n=5
diarrhea n=2; others n=7

Reason for non-evaluability:
intake of omega-3-FA n = 2; non-compliance regarding intake of L-Carnitine n=1