Prevents Sickness
- “Right now my children aren't getting as sick as they used to get before.” (woman, early 20s)
- “I am now spending very little money to go for treatment. I used to go for treatment at least twice a month. Since that time when I got the net I have gone for treatment once.” (man, early 50s)
- “You know, before we used to get sick all the time and buy drugs and take and when one gets so sick we take him to the hospital but now we don’t get sick that much.” (woman, mid-20s)
- “Yes we have benefits because we now take long before somebody falls sick from malaria. We do not go to hospital from time to time because we rarely get sick. The other benefit is you can rest under a net if it is not cold and you have not covered yourself with a blanket. The net also protects me from insects and even snakes. If the net is not well tied a snake can fall on you. If it is well tied a snake can fall down giving time to check and find out what it was.” (man, mid-30s)
- “Yes, I have noted some benefit because I do not feel cold, mosquitoes do not bite me and my body is fine... I do not fall sick I am just working. I am doing work on the farm thus I am feeling well.” (woman, mid-40s)

Reduces insects
- “There are many advantages, the first one is the mosquitoes they hum from the top but there is nowhere they will get through to touch you. The second one, there are a lot of insects in our houses that crawl, you will find them trapped at the top, that is a big advantage I see.” (woman, late 50s)
- “The benefits are to protect against diseases like malaria. Mostly it’s the protection against being bitten by mosquitoes all the time.” (man, early 40s)
- “Caterpillars can no longer pass through the net to walk on us. It helps to protect me from the cold weather. When you look at the net in the morning, OH! I get surprised, so there are insects that were crawling, even if I get out at night, it just stays on top of the net. When they crawl they fall down but don’t get through the net.” (woman, late 40s)

Warmth
- “The benefit is the prevention against malaria that it provides. Another one is when there is a lot of heat like now you don’t need to cover yourself at night using a blanket, it provides enough heat.” (man, mid-40s)
- “You feel that you have slept in a good place, it also contributes to warmth.” (woman, late 50s)
- “Yes - even if you do not have a blanket you will just sleep and you feel good. It also prevents malaria. Mosquitoes will not be able to go through.” (man, mid-20s)
- “The benefit is that everyday if I sleep in this bed net that thing that when you are sleeping enters the ear and cannot get through the net, and if you sleep in the bed without covering yourself that will disturb you.” (man, early 30s)