Soroti Municipality (1) being the only urban setting was purposively selected. 1 rural county (Soroti) was selected by simple random sampling.

1 Sub County and 1 Municipal division were selected using simple random sampling.

2 parishes and 2 wards were selected using simple random sampling.

3 villages and cells from each parish and ward were selected using simple random sampling (6 villages and 6 cells).

770 households were selected using systematic sampling technique. From each of the two settings (Municipality and Rural Sub county) 385 households were selected given that they had approximately equal resident population.