Results from Medline, PubMED, EMBASE, Web of Knowledge, Cochrane Database of Systematic Reviews, Google Scholar & reference lists (n = 785, excluding duplicates)

Eligible titles/abstracts (n = 308)

Application of exclusion criteria: (1) Expert opinion papers; (2) Review papers; (3) Applied research papers rated as being of ‘poor’ quality (as recommended by the Cochrane Handbook, 2006)

Papers included in review matrix (n = 60)

Quantitative research papers rated as 'moderate' or 'strong' (n = 10)  
Qualitative research and case reports (+/- program evaluation) (n = 50)