Risk of ischaemic heart disease

Hazard / Odds ratio for a 1 mmol/L or ratio increase / decrease (95% CI)

**Remnant cholesterol**
- Observational: Elevated plasma levels
  - Hazard / Odds ratio: 1.37 (1.27-1.47)
- Causal: Genetically elevated levels
  - Hazard / Odds ratio: 2.82 (1.92-4.15)

**Remnant cholesterol to HDL cholesterol ratio**
- Observational: Elevated plasma levels
  - Hazard / Odds ratio: 1.23 (1.19-1.27)
- Causal: Genetically elevated levels
  - Hazard / Odds ratio: 2.94 (1.90-4.55)

**HDL cholesterol**
- Observational: Reduced plasma levels
  - Hazard / Odds ratio: 1.55 (1.43-1.68)
- Causal: Genetically reduced levels
  - Hazard / Odds ratio: 0.74 (0.40-1.37)