A  
Fasting d-ROMs (U.CARRR)  

- PPHG-miglitol before  
- PPHG-miglitol after  
- PPHG-control before  
- PPHG-control after  

\[ p = 0.001 \]  
\[ p = 0.005 \]  

B  
Fasting hs-CRP (mg/dL)  

- PPHG-miglitol before  
- PPHG-miglitol after  
- PPHG-control before  
- PPHG-control after  

\[ p = 0.007 \]  
\[ p = 0.031 \]  

C  
Postprandial change in RHI (%)  

- PPHG-miglitol before  
- PPHG-miglitol after  
- PPHG-control before  
- PPHG-control after  

\[ p = 0.007 \]  
\[ p = 0.031 \]