Patients with type II diabetes and stable metabolic profiles

Exclude:
- Non sinus rhythm
- LBBB
- Pregnancy
- History of coronary or valve disease
- Severe hypertension
- Renal impairment
- On potassium sparing diuretics
- Combination ACEI and ARB
- Addison’s disease
- Severe liver disease

Stress echo

Baseline TTE (2D speckle tracking strain & strain rate imaging & myocardial backscatter) and biomarkers

Exclude patients with inducible ischaemia

Randomize (1:1 allocation ratio)

Treatment group
Eplerenone (25 or 50 mg daily) + usual treatment

Placebo group
Matching placebo + usual treatment

3 monthly follow-up for 12 months

Follow-up TTE (2D speckle tracking strain & strain rate imaging & myocardial backscatter) and biomarkers