Figure 1: Study inclusion

654 potentially relevant RCTs identified in PubMed, Cinahl, Web of Science, Embase, Cochrane Register of Controlled Trials, and by snowball search.

- 629 promptly rejected by "scanning" headings or abstract.
- 25 RCTs retrieved for scrutiny by MT, PV and CW.
  - Not CM: 15
  - Not cancer: 1
  - Not RCT: 2
  - Other reasons: 2

Seven RCTs included in the review, i.e. fulfilling inclusion and exclusion criteria.

* Two articles were excluded for more than one reason
# Two articles reported on already included articles or components hereof