PROGRAM PLAN for sick-listed employees with low back pain

FEASIBILITY ASSESSMENT
Inventory of the need, basis and feasibility of a program plan for sick-listed employees with SMDs.

CORE PROCESSES: theoretical framework

INTERVENTION MAP

PRODUCTS
- Proximal program objective matrices
  - State expected changes in behavior and environment
  - Specify performance objectives
  - Specify determinants
  - Identify the target population and stakeholders
  - Create matrices of proximal program objectives, and formulate learning and change objectives

- Theory-based methods and practical strategies
  - Brainstorm possible methods to add or remove from program plan
  - Translate methods into practical strategies

- Adjusted program plan
  - Ask target and user groups about appropriateness of program plan
  - Add or remove strategies from the program plan, considering implementers and sites
  - Develop design documents.

- Adoption and implementation plan
  - Specify adoption and implementation performance objectives
  - Specify determinants
  - Create a matrix or planning table
  - Formulate an implementation plan

- Evaluation plan
  - Develop an evaluation model
  - Develop effect and process evaluation questions
  - Develop indicators and measures
  - Specify evaluation designs
  - Formulate an evaluation plan

IMPLEMENTATION

EVALUATION