Assessed for eligibility (n = 168)

- Excluded (n = 13)
  - Not meeting inclusion criteria (n = 5)
  - Refused to participate (n = 8)

Randomised (n = 155)

Allocated to DGIP (n = 88)
- Received allocated intervention (n = 85)
- Did not receive allocated intervention (n = 3); severe disease within 1 week after randomisation (n = 1); reconsidering indication within 1 week after randomisation (n = 1); withdrawal of informed consent within 1 week after randomisation (n = 1)

Allocated to regular care group (n = 67)
- Received allocated intervention (n = 66)
- Did not receive allocated intervention (n = 1); severe disease within 1 week after randomisation (n = 1)

Follow up 6 months

Analysis