Peripheral arterial disease and exercise therapy indicated

Received a CABG ≤ 5 yrs

- yes
  - Again angina complaints
    - yes: Recent cardiac evaluation by cardiologist
      - yes: Good exercise tolerance and/or no ischemia
        - Very low risk
          - no other medical complaints
          - only diabetes
          - only hypertension
          - only kidney function disorders
        - Low risk
          - age > 70 yrs
          - abnormal ECG
          - no sinus rhythm
          - low functional capacity
          - CVA in history
          - uncontrolled hypertension
          - kidney function disorders
      - Moderate exercise tolerance and/or no ischemia
        - Moderate risk
          - mild angina complaints
          - heart infarction in history
          - chronic heart failure
          - diabetes
        - High risk
          - instable angina complaints
          - cardiac decompensation
          - cardiac arrhythmia
          - heart valve disease
  - no
    - Predictive clinical records
      - Good exercise tolerance and/or no ischemia
        - Good/moderate exercise tolerance
          - Exercise therapy at regional physiotherapist at normal intensity
        - Insufficient exercise tolerance
          - Exercise therapy at regional physiotherapist at moderate intensity
          - Exercise therapy at department of revalidation at the Atrium Medical Centre
          - Consultation of cardiologist before start exercise therapy

- no
  - Predictive clinical records
    - Good exercise tolerance and/or no ischemia
      - Good/moderate exercise tolerance
        - Exercise therapy at regional physiotherapist at normal intensity
      - Insufficient exercise tolerance
        - Exercise therapy at regional physiotherapist at moderate intensity
    - Moderate exercise tolerance and/or no ischemia
      - Moderate risk
        - Exercise therapy at department of revalidation at the Atrium Medical Centre
      - High risk
        - Consultation of cardiologist before start exercise therapy