RCT:
1600 invitations send to general practices
30 practices, 900 patients randomized into:
1). Intervention group
2) Control group

HEALTH PROFESSIONALS
Start of RCT -> practice visit
Practice consultent distributes network questionnaires to health professionals
During practice visit, patients are selected for participation in the RCT

PATIENTS
Receive questionnaire-booklet of RCT including question if they are willing to participate in the social network research.

Invitations in first six practices:
1) Complete additional questions by phone
2) Complete additional questions by phone OR by paper-based questionnaire

Invitations in following practices:
1) Complete additional questions by paper-based questionnaire
2) Complete additional questions by phone OR by paper-based questionnaire

Group 1:
Network measures According to invitation
Group 2:
Network measures According to patient preferences

After six months:
Follow up measurements for RCT & repeated measurements of networks for health professionals and patients