Figure 1: Hypothesized relations

Health professionals

- Characteristics of social networks
  - High density
  - High frequency of contact
  - High homogeneity
  - CVRM coordinator with high centrality
  - Consistently identified opinion leader

Social mechanisms, formation attitudes & behavior

- Various social influence mechanisms e.g., imitation of successful behavior, social comparison
- Protection against egocentric choices
- Uptake of information
- Knowledge transfer
- Influences opinions, beliefs, motivations, behaviors

CVRM care and patient's health outcomes

- Professional performance
- Self-management
- Health outcomes

CVD and patients at risk

- High number of alters with adequate self-management
- Interconnected alters
- Few alters with depression
- Alters who provide access to CRVM - information

Social capital

Contagious patterns