Eligible participants at baseline (n=425)
- Excluded: guideline dev. group (n=6)

Intervention group at baseline (n=256)
- Did not respond to questionnaire (n=87)
- Responded to questionnaire (n=171) (Response rate 66.0%)

Control group at baseline (n=163)
- Did not respond to questionnaire (n=63)
- Responded to questionnaire (n=100) (Response rate 61.3%)

Eligible participants at follow-up (n=454)
- Excluded: guideline dev. group (n=6)

Intervention group at follow-up (n=277)
- Participated in seminar (n=186)
- Did not participate in seminar (n=91)
- Lost to follow-up Did not respond to questionnaire (n=20)
- Responded to questionnaire (n=71) (Response rate 78.0%)

Control group at follow-up (n=171)
- Lost to follow-up Did not respond to questionnaire (n=89)
- Responded to questionnaire (n=97) (Response rate 52.2%)

Lost to follow-up Did not respond to questionnaire (n=83)

Analized
1. With Intention-to-treat (n=168)
2. With Per-protocol (participated in seminar) (n=97)